

DIGITAL ISSUE

The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



September 2020

THE LINK IS PUBLISHED BY THE PAROCHIAL CHURCH COUNCILS OF ALL SAINTS' CHURCH, ORTON, WITH ST JAMES' CHURCH, TEBAY, AND ST OSWALD'S CHURCH, RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE

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CHURCH LETTER

From the Revd. Christopher Jenkin

ALL CHANGE!

We look back only six months, and it seems like a different world. So many aspects of life have been changed - large and small. This week the schools go back, and school life will be so different, but it is vital that pupils' education is resumed.

Business life is vastly affected - disastrously so for some. Even among those who still have jobs, huge numbers now work from home - which in turn is very damaging for city sandwich and coffee bars whose custom is decimated.

The church too - for so many, a comforting symbol of never-changing tradition - has had to work out new ways of continuing its worship, fellowship, and ministry to the community.

For the months of strict lockdown church buildings were closed - and some people got the impression that the church had shut up shop. But of course it hadn't. Many people, including older members whose technical expertise was very limited, learned to use online media like Zoom for services, prayer meetings, committees and fellowship.

On Sunday 30th August the service at St James' Church, Tebay, was not only attended by some dozen people in the church building, (masked and distanced), but at least forty more taking part from the four other churches in the Benefice, and other people much further afield including an African vicar in Kasese, Uganda, where churches are still locked down.

Rev Alun in his sermon reminded us that the Bible word for church, (the Greek is *ecclesia*) never refers to buildings, but always to the gathered people of God. And their calling from Jesus is not to raise funds (needed though these are, of course, and seriously short now as a result of cancellation because of Covid of many of the opportunities for giving) to keep the building in good repair and maintain the traditions, but to take the message and the love of God out into the world.

Then on Sunday we did something we had not done before - all participants were divided randomly into small groups so that they could discuss together three questions:

1. What have been the good and

positive aspects of zoom services?

2. What has been our experience, good or bad, of returning to worship in the church buildings?
3. What would we like to happen in the long term?

Members of our group in the building felt there had been many very positive aspects of zoom worship - getting to know many members of the other churches, and hearing the personal faith stories of some of them were two things mentioned. But it was recognised that those without computers were unable to take part.

Regarding returning to services in church, while it was good that the non-computerised members could return, the social distancing, and the prohibition of singing, made worship and fellowship very different from what we were used to.

The future? We felt that we must not lose the positives of the zooming experience! (We may get reports of the online discussions of Sunday's zooming groups in due course!)

A question that the church - locally and worldwide - has been asking is: **What is God doing in this situation?**

Someone quoted the slogan - "Go and see what God is doing, and seek to do it with him!"

Just hoping to get back to what is comfortable and familiar is not an option!

Some churches are being adventurous - e.g. meeting outside, no masks, singing, umbrellas if needed!

Some ask - pubs are allowed to let people meet, and have a meal (and even, I am told, sing!) - but churches not allowed to have bread and wine. Why? (We don't need to share a cup in the traditional way; many churches have individual glasses, all drinking at the same moment. "Not as good as the real shared cup" - maybe; but surely better than NO Communion wine?)

But one amazing thing has come out of the whole Covid experience - numerous reports indicate that far more people have been, in one way or another, taking part in church fellowship or worship, whether by watching TV or YouTube services, or zoomed worship, than ever usually "go to church". It really does seem that there is some sort of new openness to God among millions.

I find that very exciting!

Next deadline - for the October 2020 issue:

13th September if printed, 26th September if digital.

Front cover: Stenkrith Park, Kirkby Stephen (from Eden Viaducts - see p.16)

SUNDAY SERVICES IN OUR CHURCHES FOR SEPTEMBER 2020

Sunday 6 September <i>Trinity 13</i> <i>Sidesperson:</i> Exodus 12:1-14 Romans 13:8-14 <i>Green</i>	Orton, 10:30am Holy Communion <i>Chris Jenkin</i> Chris Bland Angela Milburn Andy Glanville <i>Prayers:</i> Elizabeth Crossley	Tebay, 10:30am Anniversary celebration at the Methodist church	Ravenstonedale, 10:00am All Age Worship <i>Fran Parkinson</i>
Sunday 13 September <i>Trinity 14</i> <i>Sidesperson:</i> Exodus 14:19-31 Romans 14:1-12 <i>Green</i>	Orton, 10:30am Family Service <i>Fran Parkinson</i> Mary Jenkin <i>Prayers:</i>	Tebay, 10:30am Holy Communion <i>Ian Elliott</i>	Ravenstonedale, 10:00am Holy Communion <i>Alun Hurd</i>
Sunday 20 September <i>Trinity 15</i> <i>Sidesperson:</i> Exodus 16:2-15 Philippians 1:21-30 <i>Green</i>	Orton, 10:30am Holy Communion <i>Alun Hurd</i> Jim Milburn Jackie Huck <i>Philippians 1:21-30</i> <i>Prayers:</i> Michael Heywood Angela Milburn	Tebay, 10:30am Harvest celebration at the Methodist church	Ravenstonedale, 10:00am Service of the Word <i>Neil Hughes</i>
Sunday 27 September <i>Trinity 16</i> <i>Sidesperson:</i> Exodus 17:1-7 Philippians 2:1-13 <i>Green</i>	Orton, 10:30am Morning Prayer <i>Rosemary Campbell</i> Andy Glanville Elizabeth Crossley <i>Philippians 2:1-13</i> <i>Prayers:</i> Iris Wilding Chris Bland	Tebay, 10:30am Holy Communion <i>Alun Hurd</i>	Ravenstonedale, 3:00pm Ordination <i>Bishop Emma</i>
Sunday 4 October <i>Trinity 17</i> <i>Sidesperson:</i> Exodus 20:1-4,7-9,12-20 Philippians 3:4b-14 <i>Green</i>	Orton, 10:30am Harvest celebration (HC) <i>Ian Elliott</i> Olive Bland Jackie Huck <i>Philippians 3:4b-14</i> <i>Prayers:</i> Susan Basnett Elizabeth Crossley	Tebay, 10:30am Harvest celebration <i>Rosemary Campbell</i>	Ravenstonedale, 10:00am Harvest celebration <i>Chris Jenkin</i>

SUNDAY SERVICES IN OUR CHAPELS FOR SEPTEMBER 2020

		6 th	13 th Education Sunday	20 th	27 th
Tebay	10.30 a.m. 6.30 p.m.	S Radford CA Zoom Connexion Service	D Thackray	F Parkinson HF	LA
Orton	10.30 a.m. 6.30 p.m.	J Law Zoom Connexion Service	P Rigby	T Longworth	Mr & Mrs J Bainbridge HF
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	H Hutchinson OA Zoom Connexion Service	LA	J Worsfold	W Ousby
Ravenstonedale	2.00 p.m. 6.30 p.m.	A Sterling Zoom Connexion Service	LA	K Hewitson HF	S Radford HC

To receive details of KSAT services each Sunday email stephen.radford@methodist.org.uk

We will continue to provide online services from September to November. Here is the LINK to the Heart of Westmorland YouTube service:
<https://www.youtube.com/channel/UC6iZVadGymIBC04aEEOJryw>

Vinelife Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

A VIEW FROM TEBAY

From Rosemary Campbell

Well, as I write this, September is nearly here and it feels like it too! I have the misfortune of my central heating breaking down. I have had to wrack around for a camping gas fire and an alternative heater. I am washing up with water from the shower. My car broke down 2 weeks ago so it's down to walking and biking for now. How we rely on so many things these days to make life easier. Thank goodness for Classic Coaches to get to Kendal for shopping. I am a trolley lady now and will be wearing purple next!

How life has changed in recent months. Who would have thought we would be all wearing face coverings and addicted to anti-viral solutions for our hands? Slowly things are returning to "normal". The church had to be closed for a while; we are now back but with restrictions – no singing and sat all spread out. It has been good to be able to do Zoom services online but sadly this excludes those who are not computer, tablet or mobile phone savvy. It has been a great way to get to know folks in our other churches and there have been often 60 in the congregation including relatives and friends from around the country and even a minister from Uganda which has been great. They had had floods over there so it enabled us to remember them in prayer. It's also interesting seeing what books people have in the background and to be able to study their choice of art on their walls.

There are quite a few folks in the village who have been in hospital or ill at home - they know who they are. We remember them especially in prayer at the moment and their family and carers. Remember those too who are being cared for away from their own homes. It is a tough road for many. You are not forgotten!

We all miss the Drop In on Mondays, the Craft afternoon, WI, Cobwebs Orchestra, Women's Fellowship, Tebay Club and the Lunch Club. Let us hope that some of these will be enabled to start again soon. Wishing everyone in the village happier times in the future. We need all need each other - which reminds me of that great song by the late Bill Withers: "Lean on me" - well worth a listen on YouTube. "We all need somebody to lean on"

Did you know?



Tebay Primary School Nursery....

- Nursery places available – September 2020, January 2021 and April 2021.
- Government funding is available for the term following their 3rd birthday – free 15 hours per week.
- Ability to pay for more hours if needed
- Half and full day sessions available.
- We offer 30 hour's provision for those eligible.
- Varied activities following the EYFS curriculum
- Small class sizes; so all needs are catered for.
- Fully qualified staff.
- Extensive outdoor learning.

We would
be happy to show
you around and
discuss your child's
individual needs



For more details or to arrange a visit
contact Tracy Morland on 015396 24239
or email admin@tebay.cumbria.sch.uk

No Dog Fouling



Bag it - Bin it

Please pick it up!

It has been a pity that we still keep finding dog mess around the village of Orton including in the churchyard.

This has increased considerably during Lockdown, which would imply that the culprits are either local residents or people who have come here on quarantine or self-isolating in holiday cottages.

Perhaps some people from urban areas think that out in the countryside they can do as they like in this respect - but, friends, this is a bit thoughtless and irresponsible.

It is easy enough to take poo bags with you when walking your dog and pick up the faeces, as most people do. **PLEASE PICK IT UP and bin it!**

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Orton Surgery and Shap Medical Practice

APPOINTMENTS

Sadly, following advice from NHS England, it is not possible at the moment to book a face to face doctors appointment at Orton surgery. The doctors and nurses are continuing to operate a telephone first system at Shap Medical Practice. It is also possible to have a video consultation if you wish.

If a face to face consultation is needed, it will be arranged for you on the same day at Shap surgery. Some telephone and video appointments can be pre-booked online, otherwise contact the surgery at 8.30am to arrange one. It is also possible to get general, medical or administrative advice by using "**e consult**" through the practice website (though this system does not allow email replies by a doctor). Surgery attendance for appointments will be kept to a minimum to reduce the risk of infection to our patients.

Please check the NHS 111 website if you are unwell with cough, fever or change in sense of smell or taste symptoms.

MEDICATION

Prescriptions will be available again for collection from the Orton Village Hall between 10am and 11am on TUESDAYS.

Any not collected will be returned to Shap.

If you are shielding or have difficulty collecting your prescriptions please let us know. We can arrange delivery or refer to the 'Good Sam' Service for help.

We apologise for the ongoing changes to the service and thank you for your understanding.

If you have internet access then please check the practice website and Facebook pages for updates.

Dr. McCabe Dr. Woodstrover Dr. Kehoe

and all the staff 01931 716230

<https://www.shapmedicalpractice.co.uk/>

ZOOM Services

Every Tuesday there will be a short service of Morning Prayer on Zoom at 9.30 a.m. As usual it will include time to greet each other and chat, and share topics to pray about together.

Once a month (maybe more) the Sunday morning service will be sent out on Zoom from one of our churches to anyone who would like to take part that way.

To get an invitation email alunjhurd@gmail.com

Open Churches

Our churches are all open on **Wednesdays, from 2.0-4.0 p.m.** for private prayer. Do come in, but you will need a mask!

The Link during the continuing Covid 19 situation

From the Editor



There have been many positive responses to the digital May, June, and July/August issues which were circulated as email attachments and also posted on various village and church websites.

Indeed several people have suggested that we should stick with this format after lockdown is over, and not bother to print future issues! But this would mean



ignoring the many, mostly older, people, who do not use computers and cannot access online material - many of them value having the monthly **Link** posted through their door. Also

when people have a printed copy, they may well go back to it several times; with a digital one they open it once, glance through it, perhaps read some items, and then close it. (We have heard of some people who have printed copies for elderly friends or relations to read, which is very kind!)

The national guidance from the Church of England (which can be found here <https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-churches#na>) still encourages the use of digital communications, due to the possible transmission via surfaces. In addition, expecting our mostly older distributors to open gates and post the magazine through letterboxes is at present - we believe - too risky for possible infection, and we do not think it is fair to ask them. It remains to be seen when we will be told that such contacts are safe enough to resume.

But we still invite you to send items for the October issue of The Link, however it will be produced! I have received more expressions of appreciation for the **Link** than I ever usually do, and I want to pass these on to everyone who has sent me items for this and past issues.

Please ask your friends and neighbours if they have received the May, June and now July/August issues of **The Link** - and if not, please forward it to them! I know a lot of people have been doing this, including both our village schools who have sent **The Link** to all the parents and staff - thank you!

But we are sure the email address list we use is far from complete, and we are always glad to add more names to it. So, if they would like to, suggest that your friends email or phone the editor so that their address can be added to the list - linkpines@hotmail.co.uk - 015396 24410!

Christopher C. Jenkin

PIANIST REQUIRED!



We have received the sad news that Meryl Aspden has very reluctantly decided that she can no longer continue as the accompanist for Tebay Community Choir. The choir will be saying their own thank you to Meryl but it is also appropriate here to pay tribute to the wonderful contribution she has made to the choir. Her ability to sight-read a huge range of music is legendary, and her patience and general good humour have also been greatly appreciated, along with the commitment which she has shown to the choir ever since its inception in 2013. So a **huge** thank you to Meryl!

Tebay Choir has not rehearsed since the middle of March because of Covid 19 restrictions. At the time of writing, singing and choir rehearsals are still not allowed. We are all missing the chance to sing and hope that it will not be too long before we can do so again safely.

Looking ahead to when we can rehearse together, the search is now on for a new accompanist. In "normal" times the choir meets on Monday evenings during school term times in the Tebay Hub from 7.30 pm until 9pm. If you would be interested in this role, please contact Alison at alison@mott.me.uk.

The Old Courthouse, Shap

www.theoldcourthouse.org

The Errant Thieves recently played their first gig since lockdown in front of an appreciative audience at The Old Courthouse, Shap. We were very pleased to be able to stage our first community event since the start of lockdown. The terrace and resurfaced forecourt, part of the improvements completed last year, provided a perfect stage and socially-distanced seating area.



We are making plans to reopen the building in a limited way that will enable the playgroup and our regular music, craft, reading, gardening, creative writing and 'cuppa' sessions to resume and provide valuable opportunities for 'COVID-safe' social interaction for members of our community.

We will also be staging an exhibition featuring local art, crafts and photography created since March. If you have anything you would like included please contact lynne@theoldcourthouse.org

Cumbria County Council's Library Service are not yet able to support the reopening of the Library Link facilities at Shap but do have Click and Collect services available from Penrith Library.

cumbria.gov.uk/libraries

Visit our website www.theoldcourthouse.org or follow us on social media for up to date information on activities both Indoors and Outdoors at The Old Courthouse.

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Upper Eden Medical Practice

There are a limited number of Tuesday morning clinics at Tebay Surgery if patients do not want to travel to the Saturday clinics in Kirkby Stephen.

The Under 65 and the child vaccine hasn't arrived yet.

Also worth promoting the new online mental health service in North Cumbria.

Togetherall.com can be accessed by anyone aged 16 and over in our area simply by logging in and inputting your postcode. It is already being used in South Cumbria where the feedback has been very positive.



FLU VACCINATIONS FOR PATIENTS AGED 65 AND OVER ARE NOW AVAILABLE TO BOOK

We are offering pre-booked appointments on Saturday 12th September and Saturday 19th September 2020 from 8am to 11:30am

Please book online or contact us on 017683 71369 to book your appointment (after 11am when the lines are less busy)

If you are attending a Saturday morning clinic please be aware that we are using a one way system through the building.

Please note the follow instructions:

- Attend on your own unless you need help in mobilising.
- Walk to the Practice if you are able to. If you do need to drive please park in the Public Car Park across the road. Only Blue Badge holders and patients with walking difficulties to park in the Health Centre car park please.
- Do not arrive early or late for your appointment. We have allocated a strict number of patients to ensure that patients queue for the minimum time and social distancing is maintained.
- Please wear a face covering.
- If it is raining on the day please come prepared and with an umbrella as the queue may be outside for a short period of time.
- There will be no chairs available to sit while waiting and you will not be able to sit whilst having the vaccination (for infection control). If you think you may struggle with this please do not book a Saturday morning appointment slot.
- Wear clothing which makes it easy for you to expose your upper arm. The vaccinations will be given in the doorway to the rooms to comply with infection control.
- DO NOT ATTEND if you, or any member of your family, have symptoms of coronavirus. Contact us the following week and we will re-book your appointment.

If you already have an appointment for any other reason please advise the member of staff you are seeing that you require your vaccination.

We will advise patients when our Under 65 and child vaccine is delivered.

Please note that patients aged 50-64 who are not in any 'at risk' group will not be vaccinated until November and December, providing there is sufficient vaccine, and no appointments will be offered for this age group until then. This is to ensure that those who are most at risk are vaccinated first.



You will have read in previous issues of *The Link* (and perhaps saw the front page item in the Cumberland and Westmorland Herald on 29th August) about the massive challenge undertaken by police officer Ross Jenkin, of

Tebay - to complete in one week the four great national "mountain rounds", for each of which experienced fell runners train for many months before attempting.

The Lake District one is the Bob Graham round; around Ben Nevis in Scotland is the Charlie Ramsay round; in the Mountains of Mourne in Northern Ireland is the Denis Rankin round; and in Snowdonia, Wales, is perhaps the toughest of all, the Paddy Buckley Round.

Each one normally takes fell runners a full 24 hours. To undertake all four means facing a total distance of 241 miles, ascending 104,500 feet, climbing 152 peaks, and involving at least 96 hours of running. **No one has ever done all four in one week**, which is what Ross set out to do, aiming to raise £15,000 for three charities dear to his heart (*see below*).

The original plan was to do this challenge in June 2020, but Covid 19 put paid to that. However his plans came together in the last week of August, starting from Glen Nevis on Monday 24th.

He said from the start that only two things could stop him - serious injury or seriously bad weather. Sadly after completing three quarters of the Scottish round in good time, he was faced with the savage winds of Storm Francis, which was too dangerous on high mountain ridges, and he and his support runners had to descend to Kinlochleven, with the Charlie Ramsay unfinished.

However he and his wife Maria drove their camper van straight to the ferry from Cairnryan to Northern Ireland, where his amazing support team were awaiting him for the Denis Rankin round in the Mourne Mountains.

A steady stream of messages - reports, photos, videos, jokes, and messages of admiration and encouragement, went out on the Big 4 WhatsApp group. "*The man is a machine!*" "*Cracking. He is looking strong!*" "*Absolute beast, this man!*"

He completed the Denis Rankin in good time, (and

enjoyed unexpectedly good weather, see photo, left) though now starting to suffer considerable pain in his ankles. "*He has been attended to by the GP now running with him.*" "*Congratulations, Ross, on a superb DRR. It was lovely to meet you. Inspirational!*" "*It was great to be a part of your madness!*"

Nothing daunted, they took the Irish Sea ferry again in their camper van, and set off on the third round, the dreaded Paddy Buckley. By the time he reached the top of Snowdon, the pain was so intense that he considered giving up right then. However with enormous encouragement from his co-runners, including Orton friend Simon Mounsey, he struggled on - no longer running, but walking, or even staggering. "*I will be moving A LOT slower now...*" "*He is made of real tough stuff...*" And Maria commented, "*Thank you so much, everyone! You are all being amazing (and I am an emotional wreck!!!)*"

But then, at 02:24 on Saturday 29th, came this message from Maria: "*Ross is about to complete the Paddy Buckley, but this will be the end of the Big 4 (for now). He is in severe pain with bad tendonitis. He can hardly walk. We cannot thank you enough for all your support. It has been overwhelming! Thanks a million.*"

He must be deeply disappointed to have to give up his long-planned-for, long-trained-for challenge, without completing the final round, the Bob Graham, in his home county. But such encouraging messages have been posted:

"Absolutely amazing effort, Ross! Outstanding achievement beyond belief." "Truly heroic effort." "I am in total awe of that amount of determination to succeed. Many a great runner fails to complete the Paddy Buckley as a single round, and for him to start it in the pain he was in after 2 rounds already, and complete it, is something he should be forever proud of." "To have the vision and confidence to even dream of such a challenge was unbelievable. To then get as far as you did was outrageous!... Revel in what you've achieved!"

The *Herald* went to press and was published before the Bob Graham was started, and it said that Ross's 12-year-old daughter Cristina did the last 2 km with him. That was indeed the plan, but sadly it never happened.

One further disappointment has been that the financial target to raise money for CALM, for the Dogs Trust and for Mountain Rescue is far short of achievement, because Covid 19 had meant that certain fund-raising events had to be cancelled. But it is not too late - any further donations would be enormously appreciated! See link below:

<https://uk.virginmoneygiving.com/rossjenkin2>



TEBAY PRIMARY SCHOOL

Goodbye!

We said goodbye to our 2019/2020 Year 6's at the end of term. The children each made a video clip and Miss Jameson put a lovely video together to share with parents. Each child shared a lot of school memories with everyone. We wish them 'good luck' as they start their next adventure at their chosen secondary school.

Reception

6 children will start Reception in September.

100 Club

Tebay School will once again be running the '100 Club' - a fantastic way to raise money for the school! the cost is £23 for the year with a chance of winning prizes of £10.00, £5.00 and also bonus weeks where the jackpot is £25.00. If anyone is interested in taking part please contact the school.

Well done!

A huge "Well done!" to Tebay Primary School pupil Jacob Haygarth and his family who once again held a socially distanced bake sale in August, raising a fantastic £215.00 for Leukaemia Myeloma Research - a charity close to their hearts.

OFSTED INSPECTION

Tebay Primary School was inspected by Ofsted in March shortly before the Coronavirus lockdown.

We are so happy that the school was given a '**Good**' rating

"Pupils are happy and thrive at Tebay Primary School," the report stated, adding that the school is at the "heart" of its rural community, and that pupils are "safe and feel safe" in the school.

We are very pleased that the outcome reflects not only the hard work of staff but the support of the fantastic community that the school lies within and of course our amazing children, parents and Local Advisory Board members.

Cumbria Education Trust's Director of Primary Education, Chris Wilkins, added: "What stands out to me all the way through the report is that the school is providing an excellent curriculum for the children.

"It meets their needs, it's matched to their experience and is enabling them to thrive. "Staff are providing families a gem of a school that impacts not only on the children and their learning but on the parents and the wider community as well.

It's wonderful the village has got a school of which it can be proud."

WESTMORLAND DALES APPRENTICES UPDATE

During lockdown the apprentice team got the opportunity to work on a variety of identification skills as well as some individual practical projects, but it was nice to get back to being a socially distanced team at the beginning of June.

We had a list of jobs lined up, one of which was to survey the local Tebay paths and to do some work on them. You might have seen us wandering the footpaths with our clipboards. Once we had surveyed the paths we made a plan of action for the work we would do. We found that some of the paths had become quite overgrown with time and so we spent a few days strimming the paths to make them more accessible for everyone. There was a variety of beautiful wildflowers along some of the edges of the paths which we left for people to enjoy, including meadow vetchling, tufted vetch, cranesbill and harebells.



I also constructed a lambing gate and put this in on one of the paths. This was a good experience for our team and it was nice to do some work in the local area. We hope you enjoy walking the paths

For more information about the Apprenticeship Project please contact Belinda Lloyd at:

Belinda.Lloyd@yorkshiredales.org.uk

or call 01539 756620

www.thewestmorlanddales.org.uk



Tebay Churchyard Fence

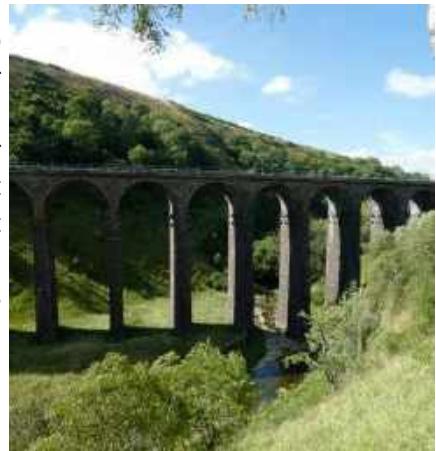
In a previous issue of *The Link*, the work of the Apprentices in constructing a safety fence around the deep gully in Tebay Churchyard was mentioned. Here is part of the completed fence beside the path.

Bridging the Gap

A brand new grant scheme launched this year is living up to its name by making its very first funding award to the Northern Viaduct Trust (NVT) in support of its fundraising effort to re-open the route across the top of Smardale Gill Viaduct to the public once more.

An award of £5,000 from the 'Love Your Landscape' grant scheme has kicked off the NVT's fundraising campaign for this spectacular viaduct with its far-reaching views across the Westmorland Dales.

David Evans, Westmorland Dales Scheme Manager, says: "We are delighted to be able to support the repair of this viaduct via our 'Love Your Landscape' grant scheme and support the committed group of volunteers at the Northern Viaduct Trust."



Appleby Rainbows, Brownies and Guides

Our members have also been unable to meet since the start of Lockdown but have been undertaking challenges from GirlguidingUK and sharing their progress via social media. To give the girls the opportunity to undertake a team work activity at a social distance, we set all our members that task of working as a team to travel 1000 km in July and August by self-propelled means. This is the equivalent of travelling from Appleby to Luxembourg. Over the last 50+ days the girls and their leaders aged from 5 to 70+ have cycled, walked, run and ridden horses over 1800 km, raising £525 to support our members in activities when we are allowed to meet again.

If you would like to support our fundraising further visit our just giving page:

<https://www.justgiving.com/crowdfunding/friendsof-applebyrainbowbrowniesandguides>



Kathryn Nunn



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**Appleby Market Hall at 11 am on
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Peter Medhurst's work as a singer, pianist and lecturer/recitalist has taken him all over the world and the last few years has toured New Zealand, Australia, and South Africa. He has given many performances in Europe including Berlin, Hamburg and Vienna and closer to home has presented events at the Barbican and The Royal Festival Hall.

**Appleby Market Hall at 11 am on
Wednesday 14th October**

News from Orton School



We are so excited to be welcoming back all our children, including our new Nursery, this Autumn term and have been busy in school getting things ready.

Some things will be a little different but school will still be a fun place for our learning ... and Mrs Davidson will still be serving her delicious lunches!

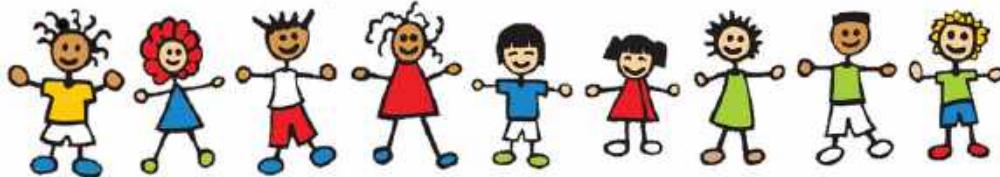


We are all thinking about Year 7 as they begin their educational adventure in their new schools. Good Luck Everyone...keep in touch.



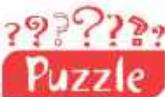
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KiDS CORNER



Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here: linkpines@hotmail.com

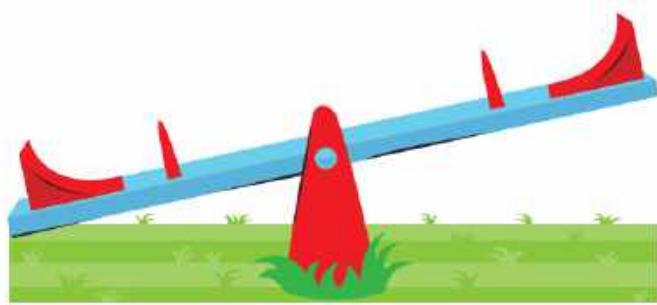
Sharing the load!



Look at these two pictures of a donkey carrying a heavy load. Can you spot five differences between the two pictures?



Can you balance? Draw yourself and a friend on either end of the see-saw.



Think!

Talk How often do we 'carry on regardless' when really we need some help? Why are we often worried about asking for help?

Do Offer to help a neighbour or relative who is struggling with something. They may have difficulty carrying their shopping or weeding their garden.

Pray Father God, when we face situations that we find difficult, help us to remember that you are always there to share our troubles. Amen.



Use [Bible Gateway](#) online if you don't have a bible to hand

Unscramble the words relating to things that Jesus offers us. Write the correct words on the backpacks.



Have a look at [Same Boat](#) for some great songs to sing at home, on your own or together with your family, along with lots of activity ideas.



Re-opening of Orton Market Hall with restrictions in place

The Trustees of Orton Market Hall decided to **RE-OPEN THE HALL** to bookings with effect from 1 August 2020 and the Hall has since been used by the Farmers' Market as well as being available for other bookings.

Even with sanitizer and other precautions in place, COVID-19 restrictions and a limit on numbers of **25** mean that many regular users will not yet be in a position to return. However, there are discussions ongoing about the return of meetings, exercise classes and other events so it is hoped that the Hall can welcome more users very soon.

The priority is to keep the Orton community as well as the Hall's users, cleaner and Trustees safe and well in the months ahead.

Thank you to the team at Shap Medical Practice

who have continued to deliver and distribute prescription medicines in Orton throughout recent months.

Thank you to the Parish Council who have handled all aspects of testing and re-opening the toilet facilities used by the Market Hall.

Thanks also to Orton CE Primary School who have generously loaned the Hall **25** plastic chairs to be used while the usual fabric-covered ones are out of use.

Thank you to everyone for understanding in recent weeks. Please contact Jayne, the Bookings Secretary at the Village Store (24228) if you are interested in using Orton Market Hall in the months ahead and please contact a Trustee if you'd like to know more about the revised hirer's agreement and the current COVID-19 risk assessment.

Best wishes and stay safe,
Orton Market Hall Trustees



Orton
Farmers'
Market





End of World War II V.J.DAY 15th AUGUST 1945 VICTORY IN JAPAN

When all the world was celebrating **V.E.Day in Europe on 5th May 1945** there was still fierce fighting in the Far East. People with relatives or friends fighting in the pacific, or prisoners of the Japanese could not celebrate V.E.Day. The War was not yet won. An army of soldiers and airmen had been left stranded when the Japanese Army had crossed over into Burma in 1942.

There was a Forgotten Army fighting in the Jungles of Burma pushing the Japanese soldiers back down to Rangoon and Singapore. In 1942 the Japanese Army had crossed over into Burma forcing the British Army to retreat and on 15th February General Perciel surrendered unconditionally to the Japanese. The British and American civilians were taken by surprise and hundreds of men, women and children, as well as the Army and Air Force, were left stranded there for the next four years. After V.E.Day the Allies moved soldiers' ships and planes from Europe over to the Pacific to finish the war against Japan. The war was not yet won.

The Japanese were fanatical and fierce fighting soldiers, they did not believe in surrender and would fight to the end. They treated their prisoners cruelly with degradation, starvation and neglect. Prisoners were forced to work in hot, humid, tropical weather for long hours without medical help and proper food. They were treated like slaves working in mines and working on the building of the Bridge over the River Kwai. Many men did not survive.

The war continued until August when the Allied leaders decided that the Atomic Bomb would be the quickest way to end the War and save Allied lives. Japan was warned but the warning was not heeded and on 6th August 1945 the first atomic bomb was dropped on Hiroshima. A second bomb was dropped on 9th August over Nagasaki. Few people in Japan understood what had happened but the Japanese government realised that it could not fight this new and terrible weapon and they surrendered. Ceasefire was 15th August 1945.

The bombing thankfully brought the war to an end and the prisoners of war and civilian men and women who were left stranded in 1942 were released and able to come home. They had suffered four terrible years of starvation and neglect. They were emaciated and in bad health. It would be several weeks before the troopships brought the men home. Their homecoming was finally the end to years of fighting.

V.J. DAY, VICTORY IN JAPAN, was on 2nd September 1945 when General MacArthur accepted the Japanese surrender.

Barbara Martindale

(Reprinted from SHAP TODAY with permission)



BBC One's *Antiques Roadshow* is visiting **WINDERMERE JETTY** this autumn (*date to be announced*) and invites you to share your stories

Antiques Roadshow is set to return this summer! Presenter Fiona Bruce and our team of experts can't wait to discover your forgotten family heirlooms and missing masterpieces.

For the first time in more than four decades, the series will be filmed on a closed set with a small invited audience only, to ensure the safety of guests, production and the wider public.

Viewers are being asked to contact Antiques Roadshow about their objects as soon as possible so the team can start planning these really special shows. Upcoming locations are listed on the website (www.bbc.co.uk/antiquesroadshow) where viewers can use the 'Share Your Story' form to fill out details of their objects.

Presenter Fiona Bruce, who will be filming her 13th series of Antiques Roadshow, said she was delighted to be going back on the road in search of treasures.

"Normally we welcome around 5,000 people to each Antiques Roadshow, but of course in these extraordinary times we will have to do things very differently. We've come up with a new way to safely film the show yet still bring you amazing items and stories. I can't wait to see what treasures you have hidden in your homes."

The award-winning show has visited hundreds of different venues both in the UK and abroad, but this year the entire series will be filmed with an invited audience only.

Robert Murphy, BBC Studios Series Editor, said:

"To keep everybody safe and comply with current government and WHO regulations we have planned our filming days very differently this year. We won't be holding large open events, but we will be inviting people who have written in advance to attend. Our team of experts are looking forward to seeing your heirlooms and finds so do go to our website and let us know about your treasures. We could be inviting you on the show to find out if that mystery object that's been gathering dust all these years is actually worth a fortune!"

Some of the Roadshow's most fascinating finds include a Faberge flower ornament worth £1million, a handwritten document signed by Elizabeth I, a ring containing a lock of author Charlotte Bronte's hair, a wristwatch owned by Lawrence of Arabia, a 17th Century miniature book reviewing Shakespeare's plays and a leather jacket worn by John F Kennedy.

Many objects featured on the Roadshow are found in some extraordinary places. Winston Churchill's hat and letters were discovered in a dump near London, diamond jewellery was sewn into a sofa, and a vanity set from Donald Trump's yacht was found in a charity shop.



Welcome to News & Views Eden Viaducts newsletter

[TO ACCESS OUR AUGUST 2020 NEWS & VIEWS PLEASE DOWNLOAD BY CLICKING THIS LINK](#)

In this edition of **News & Views** you will hear about:

- our new Interpretation Panels for the Stenkrith - Hartley Eden Viaducts walk - please do send us your images of the walks and the viaducts and the winning image will appear in our newsletter. Thank you to Julian Thurgood for the above image of Smardale Gill Viaduct and to David Monteith for his images of the Stenkrith rock pools
- the new look we have for our website and our social media (please do follow us)
- our call for help with, and donations for, Smardale Gill Viaduct that is now at risk
- the work of the extraordinarily kind volunteers from Upper Eden Rotary Club - we are always looking for new volunteers to help keep the paths tidy
- our call for heritage images for our archives
- Views From the Chair of NVT

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to contact us, donate or
volunteer



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For access (meeting ID) contact . .

Alun Hurd – alunjhurd@gmail.com or

Fran Parkinson – franticparki@live.co.uk

Bring your own refreshments!!

*The churches of High Westmorland

Still in lockdown and still sewing

July and things seem to be improving except for the people who are totally ignoring the advice. The holiday cottages at Roundthwaite are having people visit and there is more traffic coming past the house.

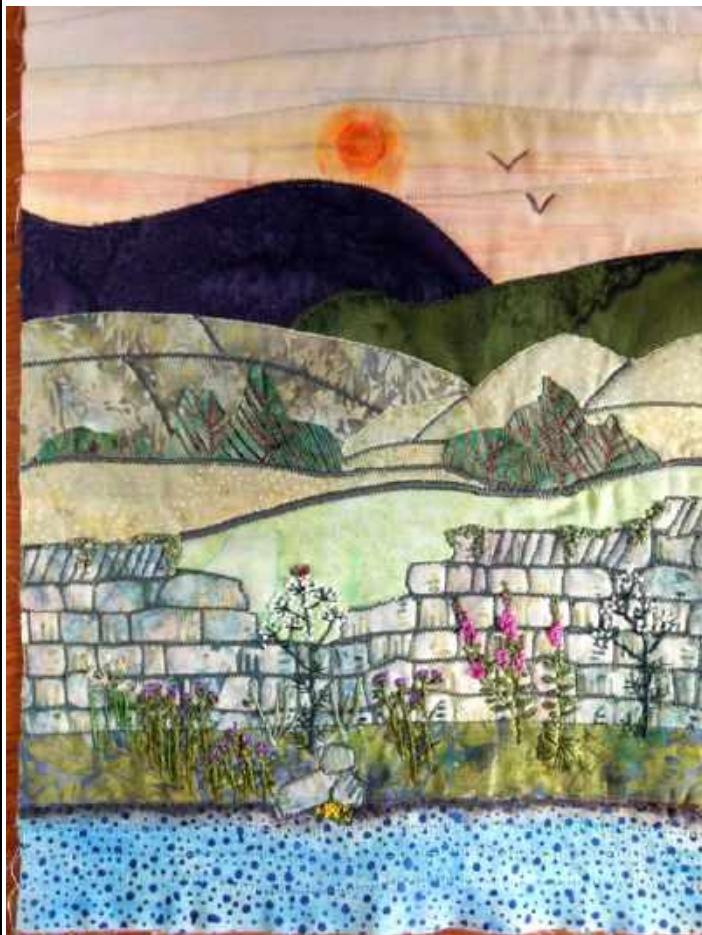
This month I have looked at my surroundings and when I started sewing I became inspired by one of my favourite hymns "All things Bright and Beautiful".

I started off with the purple headed mountains and had to have a river running by. The sunset to brighten up the sky. Little flowers in bright colours growing by the wall, birds in the sky and even a small butterfly (bet you can't find it)

Let's hope things keep improving so that we can all enjoy the beauty of the countryside.

Take care and keep safe.

Heather Ballantyne



Still Staying in and Sewing



After the optimism of July, August seems to be going backwards as far as Covid 19 is concerned. Will we go back into lockdown?

We are still having groceries delivered so have no need to travel far. Just to Tebay for fish and chips on a Thursday.

Staycation for us is going to be staying at home but we don't mind as we are happy here.

Yesterday (12th August) was the afternoon of a terrific storm. It definitely settled the dust and gave way to a beautiful sunset. This is the inspiration for the August journal quilt.

The colours are inspirational for the short time that they last. Has anything inspired you during this difficult time?

Take care and be safe!

Heather Ballantyne

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Changed (temporary) opening hours

Post Office		Shop	
Mon:	CLOSED	Mon:	9-6
Tues:	9-5	Tues:	8-6
Wed:	CLOSED	Wed:	8-6
Thurs:	9-5	Thurs:	8-6
Fri:	CLOSED	Fri:	8-6
Sat:	9-4	Sat:	8-5

Mon:	CLOSED
Tues:	9-5
Wed:	CLOSED
Thurs:	9-5
Fri:	CLOSED
Sat:	9-4

Mon:	9-6
Tues:	8-6
Wed:	8-6
Thurs:	8-6
Fri:	8-6
Sat:	8-5

Orton Post Office will NOT close for lunch on Tuesdays, Thursdays and Saturdays. **Tebay Post Office** will be open as at present on Mondays, Wednesdays and Fridays, closing for lunch between 1 and 2 p.m. This means that you will have access to an open Post Office six days a week.

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Kirkby Stephen	10.50	16.00
Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garthill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.07	16.30
Shap	10.45	15.57
Orton	11.10	15.37
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

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Ravenstonedale to Hawes

July to end of October	Outward	Return
Departs Bus Depot	10.00	15.30
Ravenstonedale	10.10	15.40
<i>[to be confirmed for 2020]</i>		
Kirkby Stephen Square	11.20	15.30
Arrives Hawes	12.25	14.30

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

NEW TIMINGS from 08/01/20 Summer Winter

	Summer	Winter
Departs Bus Depot	09.20	09.20
Ravenstonedale School	09.30	09.30
Kirkby Stephen Station	09.40	09.40
Kirkby Stephen Square	09.50	09.50
Brough Clock	10.00	10.00
Middleton in Teesdale	10.40	
Barnard Castle	11.20	10.45
Barnard Castle	14.40	13.20
Brough Clock	15.15	14.02
Kirkby Stephen Square	15.28	14.15
Kirkby Stephen Station	15.38	14.25
Ravenstonedale School	15.46	14.33
Depot	15.58	14.45

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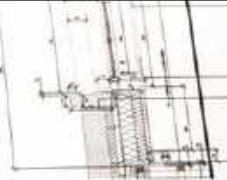
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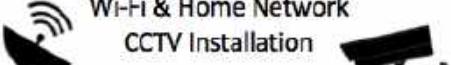
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See new (temporary) opening hours on Page 18

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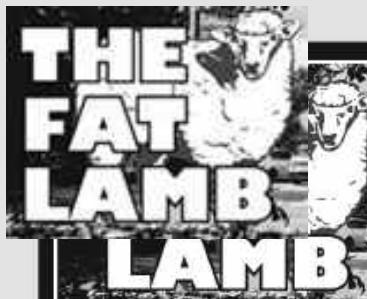
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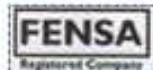
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Ravenstonedale

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To improve our Team's work/life balance,
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The Hotel and bar will remain open on Tuesdays serving drinks from
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Take the opportunity to come and join us on a Tuesday
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Breakfast 8-10 Lunch 12-3 Dinner 6-9

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Contact List

(Phone area code: 015396, unless shown otherwise)

For children and young people

Orton C. of E. School:

Headteacher, Mrs. Emma Pomfret
Office: Vicky Percival: 24268

Friends of Orton School: Julie Watson, 07792 742415

Tebay Primary School:

Headteacher: Mrs. Lisa Bland
Office: Tracey Morland: 24239

Friends of Tebay School: Claire Penhallurick 07986 692527

Catchment Area Secondary School:

Kirkby Stephen Grammar School: 01768 371693

For Little Children:

Tebay: "Twinkles": Pippa Smith: 24367 /
07487 776904

Orton: Tiny Hillbillies: Pat Alexander: 24303

Ravenstonedale: Biggins Nursery: Samantha
Alderson: 23670

Newbiggin Baby & Toddler group: Fi: 017683 71921

Scout Group – Scouts, Cubs, Beavers

Shap area: Jackie Wright: 01931 716490

Kirkby Stephen: Lois Wiseman: 01768 341107

Appleby Guides: Jean Truman: 07799 505723

Appleby Brownies: Alison Taylor: 01768 361241,
Kate Mulholland: 07948 201685

Appleby Rainbows: Sue Grainger: 07876 403895

Kirkby Stephen Brownies and Guides: Audrey Gray: 07889
093848

Northern Inter-Schools Christian Union (NISCU):
Ruth Evans, ruth.evans@niscu.org.uk

Appleby Deanery Network Youth Church Pioneer Minister:
Rachel Milburn, Rachel.Milburn@carlislediocese.org.uk

Families Together in Orton and Tebay: Pam Lawson: 26028

Tebay Kids' Band: Pam Lawson: 26028

Miscellaneous

Orton/Tebay Parish Clerk: Margaret Longworth, 24900

Upper Eden Medical Practice, Kirkby Stephen : 01768
371369 (with Surgery in Tebay)

Shap Medical Practice: 01931 716230
(with Surgery in Orton)

Vets: Kirkby Stephen: 01768 371359
Appleby: 017683 51507

Shap: 01931 716024

Adult groups

Archaeological Society: Jan Hicks: 01931 714122

Arts Society, Appleby: Gillian Stoddart: 01768 862501

Badminton: Richard Percival: 24352

Band: Appleby Town Band: Chris Jenkin: 24410

Kirkby Stephen Silver Band: Caroline Souter:
017683 72376

Bell Ringers: Julian Thorpe: 24166

Bingo: Jillian Hewitt: 01931 715000

Boccia: Felicity Lawler: 015396 24465

Book Club: Sally Seed: 24907

Bowls at Newbiggin: Stephen Dickinson: 07766 833500

Combined Churches Choir: Chris Jenkin: 24410

Community Choir: Alison Mott: Alison@mott.me.uk

Concerts:

Appleby: North Westmorland Arts: 017684 83777

Kendal: contact@lakelandsinfonia.org.uk

First Responders: Steve Dunkinson: 24286

Folk Dance Club: Chris Bland: 24258

Greenholme Show: Keith Golding: 01931 715446

Heating Oil Syndicate: Chris Jenkin: 24410

Howgill Harriers Running Club:

Admin@howgillharriers.co.uk

Local History Societies:

Orton and Tebay: Mary Jenkin: 24410

Ravenstonedale: Val Fermer: 07798 688057

Lunch Clubs:

At the George Hotel, Orton: Bronagh: 24071

At Old School Tea Room, Tebay: Bernard Thornborrow:
24272

Men's Meeting, Newbiggin: Jonny Capstick: 23141

Orchestra: Cobweb Orchestra: Richard Best: 23470

Quiz Team, Orton: Sally Seed: 24907

Sew and Sews, Orton: Gillian: 23653

Volunteer Social Car Scheme: Michael Heywood:
07768 444686

Women's Groups:

Orton: Pat Alexander: 24303

Lune Ladies: Carole Clayton: 23226

Women's Institute: Jackie Huck: 24266

Mothers' Union: Angela Milburn: 24382

Websites

Church Websites:

High Westmorland parishes: <http://hwparishes.org.uk>

Entries in the Church of England's "A Church Near You" directory

Orton: <https://www.achurchnearyou.com/church/12220/>

Ravenstonedale: <https://www.achurchnearyou.com/church/12221/>

Tebay: <https://www.achurchnearyou.com/church/12223/>

Churches' Facebook pages

Orton: <https://www.facebook.com/AllSaintsOrton/>

Tebay: <https://www.facebook.com/groups/stjamestebay/>

Ravenstonedale: <https://www.facebook.com/pages/St-Oswalds-Church-Ravenstonedale/>

Orton Community Website: <https://ortonden.co.uk>

Orton Parish Council: <https://ortonpc-eden.org.uk>

Tebay Parish Council: <https://tebaypc.org.uk>

Ravenstonedale village website: <https://www.ravenstonedale.org>

Ravenstonedale Parish Council: <https://www.ravenstonedale.org/council/index.html>